



Olweus Bullying Prevention Program Elements

School-Wide Elements

1. Form a bullying prevention coordinating committee
2. Train committee and all school personnel
3. Administer Olweus Bully/Victim Questionnaire
4. Develop school rules against bullying
 - We will not bully others.
 - We will try to help students who are bullied.
 - We will include students who are easily left out.
 - When we know somebody is being bullied, we will tell an adult at school and an adult at home.
5. Increase supervision in "hot spots" for bullying
6. Use consistent positive and negative consequences
7. Hold staff discussion groups
8. Involve parents
9. Hold school-wide "kick-off" events

Classroom Elements

1. Post and discuss school rules
2. Use consistent positive and negative consequences
3. Hold regular classroom meetings
4. Incorporate bullying themes across the curriculum
5. Hold class-level parent meeting (whenever possible)

Individual Interventions

1. Intervene on-the-spot when bullying occurs
2. Hold follow-up discussions with children who are bullied
3. Hold follow-up discussions with children who bully
4. Share information with staff
5. Involve parents of children who are involved

Community Efforts

1. Look for ways to engage the community in your school's bullying prevention efforts.
2. Examine strategies for spreading anti-bullying messages beyond the school's doors.